Begin Your Psalms Journey | Day 1: Psalms 1–9 Audio Bible for Prayer, Peace & Meditation

102 verses • 9:52 reading time • World English Bible

Psalm 1

1 Blessed is the man who doesn't walk in the counsel of the wicked, nor stand on the path of sinners, nor
sit in the seat of scoffers; 2 but his delight is in the LORD's law. On his law he meditates day and night.
3 He will be like a tree planted by the streams of water, that produces its fruit in its season, whose leaf
also does not wither. Whatever he does shall prosper. 4 The wicked are not so, but are like the chaff
which the wind drives away. 5 Therefore the wicked shall not stand in the judgment, nor sinners in the
congregation of the righteous. 6 For the LORD knows the way of the righteous, but the way of the
wicked shall perish.

Psalm 2

1 Why do the nations rage, and the peoples plot a vain thing? 2 The kings of the earth take a stand, and
the rulers take counsel together, against the LORD, and against his Anointed, saying, 3 "Let's break
their bonds apart, and cast their cords from us." 4 He who sits in the heavens will laugh. The Lord will
have them in derision. 5 Then he will speak to them in his anger, and terrify them in his wrath: 6 "Yet I
have set my King on my holy hill of Zion." 7 I will tell of the decree: The LORD said to me, "You are
my son. Today I have become your father. 8 Ask of me, and I will give the nations for your inheritance,
the uttermost parts of the earth for your possession. 9 You shall break them with a rod of iron. You
shall dash them in pieces like a potter's vessel." 10 Now therefore be wise, you kings. Be instructed,
you judges of the earth. 11 Serve the LORD with fear, and rejoice with trembling. 12 Give sincere
homage to the Son, lest he be angry, and you perish on the way, for his wrath will soon be kindled.
Blessed are all those who take refuge in him.

Psalm 3

1 A Psalm by David, when he fled from Absalom his son. LORD, how my adversaries have increased!
Many are those who rise up against me. 2 Many there are who say of my soul, "There is no help for him
in God." Selah. 3 But you, LORD, are a shield around me, my glory, and the one who lifts up my head.
4 I cry to the LORD with my voice, and he answers me out of his holy hill. Selah. 5 I laid myself down
and slept. I awakened, for the LORD sustains me. 6 I will not be afraid of tens of thousands of people
who have set themselves against me on every side. 7 Arise, LORD! Save me, my God! For you have
struck all of my enemies on the cheek bone. You have broken the teeth of the wicked. 8 Salvation
belongs to the LORD. May your blessing be on your people. Selah.

Psalm 4

1 For the Chief Musician; on stringed instruments. A Psalm by David. Answer me when I call, God of
my righteousness. Give me relief from my distress. Have mercy on me, and hear my prayer. 2 You sons
of men, how long shall my glory be turned into dishonor? Will you love vanity and seek after
falsehood? Selah. 3 But know that the LORD has set apart for himself him who is godly; The LORD
will hear when I call to him. 4 Stand in awe, and don't sin. Search your own heart on your bed, and be
still. Selah. 5 Offer the sacrifices of righteousness. Put your trust in the LORD. 6 Many say, "Who will
show us any good?" LORD, let the light of your face shine on us. 7 You have put gladness in my heart,
more than when their grain and their new wine are increased. 8 In peace I will both lay myself down
and sleep, for you alone, LORD, make me live in safety.

Psalm 5

[1] For the Chief Musician, with the flutes. A Psalm by David. Give ear to my words, LORD. Consider my meditation. [2] Listen to the voice of my cry, my King and my God, for I pray to you. [3] LORD, in the morning you will hear my voice. In the morning I will lay my requests before you, and will watch expectantly. [4] For you are not a God who has pleasure in wickedness. Evil can't live with you. [5] The arrogant will not stand in your sight. You hate all workers of iniquity. [6] You will destroy those who speak lies. The LORD abhors the bloodthirsty and deceitful man. [7] But as for me, in the abundance of your loving kindness I will come into your house. I will bow toward your holy temple in reverence of you. [8] Lead me, LORD, in your righteousness because of my enemies. Make your way straight before my face. [9] For there is no faithfulness in their mouth. Their heart is destruction. Their throat is an open tomb. They flatter with their tongue. [10] Hold them guilty, God. Let them fall by their own counsels. Thrust them out in the multitude of their transgressions, for they have rebelled against you. [11] But let all those who take refuge in you rejoice. Let them always shout for joy, because you defend them. Let them also who love your name be joyful in you. [12] For you will bless the righteous. LORD, you will surround him with favor as with a shield.

Psalm 6

[1] For the Chief Musician; on stringed instruments, upon the eight-stringed lyre. A Psalm by David. LORD, don't rebuke me in your anger, neither discipline me in your wrath. [2] Have mercy on me, LORD, for I am faint. LORD, heal me, for my bones are troubled. [3] My soul is also in great anguish. But you, LORD—how long? [4] Return, LORD. Deliver my soul, and save me for your loving kindness' sake. [5] For in death there is no memory of you. In Sheol, who shall give you thanks? [6] I am weary with my groaning. Every night I flood my bed. I drench my couch with my tears. [7] My eye wastes away because of grief. It grows old because of all my adversaries. [8] Depart from me, all you workers of iniquity, for the LORD has heard the voice of my weeping. [9] The LORD has heard my supplication. The LORD accepts my prayer. [10] May all my enemies be ashamed and dismayed. They shall turn back, they shall be disgraced suddenly.

Psalm 7

[1] A meditation by David, which he sang to the LORD, concerning the words of Cush, the Benjamite. LORD, my God, I take refuge in you. Save me from all those who pursue me, and deliver me, [2] lest they tear apart my soul like a lion, ripping it in pieces, while there is no one to deliver. [3] LORD, my God, if I have done this, if there is iniquity in my hands, [4] if I have rewarded evil to him who was at peace with me (yes, I have plundered him who without cause was my adversary), [5] let the enemy pursue my soul, and overtake it; yes, let him tread my life down to the earth, and lay my glory in the dust. Selah. [6] Arise, LORD, in your anger. Lift up yourself against the rage of my adversaries. Awake for me. You have commanded judgment. [7] Let the congregation of the peoples surround you. Rule over them on high. [8] The LORD administers judgment to the peoples. Judge me, LORD, according to my righteousness, and to my integrity that is in me. [9] Oh let the wickedness of the wicked come to an end, but establish the righteous; their minds and hearts are searched by the righteous God. [10] My shield is with God, who saves the upright in heart. [11] God is a righteous judge, yes, a God who has indignation every day. [12] If a man doesn't repent, he will sharpen his sword; he has bent and strung his bow. [13] He has also prepared for himself the instruments of death. He makes ready his flaming arrows. [14] Behold, he travails with iniquity. Yes, he has conceived mischief, and brought out falsehood. [15] He has dug a hole, and has fallen into the pit which he made. [16] The trouble he causes shall return to his own head. His violence shall come down on the crown of his own head. [17] I will give thanks to the LORD according to his righteousness, and will sing praise to the name of the LORD Most High.

Psalm 8

1 For the Chief Musician; on an instrument of Gath. A Psalm by David. LORD, our Lord, how majestic
is your name in all the earth! You have set your glory above the heavens! 2 From the lips of babes and
infants you have established strength, because of your adversaries, that you might silence the enemy and
the avenger. 3 When I consider your heavens, the work of your fingers, the moon and the stars, which
you have ordained, 4 what is man, that you think of him? What is the son of man, that you care for
him? 5 For you have made him a little lower than the angels, and crowned him with glory and honor. 6
You make him ruler over the works of your hands. You have put all things under his feet: 7 All sheep
and cattle, yes, and the animals of the field, 8 the birds of the sky, the fish of the sea, and whatever
passes through the paths of the seas. 9 LORD, our Lord, how majestic is your name in all the earth!

Psalm 9

1 For the Chief Musician. Set to “The Death of the Son.” A Psalm by David. I will give thanks to the
LORD with my whole heart. I will tell of all your marvelous works. 2 I will be glad and rejoice in you.
I will sing praise to your name, O Most High. 3 When my enemies turn back, they stumble and perish
in your presence. 4 For you have maintained my just cause. You sit on the throne judging righteously.
5 You have rebuked the nations. You have destroyed the wicked. You have blotted out their name
forever and ever. 6 The enemy is overtaken by endless ruin. The very memory of the cities which you
have overthrown has perished. 7 But the LORD reigns forever. He has prepared his throne for
judgment. 8 He will judge the world in righteousness. He will administer judgment to the peoples in
uprightness. 9 The LORD will also be a high tower for the oppressed; a high tower in times of trouble.
10 Those who know your name will put their trust in you, for you, LORD, have not forsaken those who
seek you. 11 Sing praises to the LORD, who dwells in Zion, and declare among the people what he has
done. 12 For he who avenges blood remembers them. He doesn’t forget the cry of the afflicted. 13 Have
mercy on me, LORD. See my affliction by those who hate me, and lift me up from the gates of death,
14 that I may show all of your praise. I will rejoice in your salvation in the gates of the daughter of Zion.
15 The nations have sunk down in the pit that they made. In the net which they hid, their own foot is
taken. 16 The LORD has made himself known. He has executed judgment. The wicked is snared by the
work of his own hands. Meditation. Selah. 17 The wicked shall be turned back to Sheol, even all the
nations that forget God. 18 For the needy shall not always be forgotten, nor the hope of the poor perish
forever. 19 Arise, LORD! Don’t let man prevail. Let the nations be judged in your sight. 20 Put them in
fear, LORD. Let the nations know that they are only men. Selah.