

Psalms to Pray For Children

50 verses • 4:16 reading time • World English Bible

Psalm 102

¹ A Prayer of the afflicted, when he is overwhelmed and pours out his complaint before the LORD. Hear my prayer, LORD! Let my cry come to you. ² Don't hide your face from me in the day of my distress. Turn your ear to me. Answer me quickly in the day when I call. ³ For my days consume away like smoke. My bones are burned as a torch. ⁴ My heart is blighted like grass, and withered, for I forget to eat my bread. ⁵ By reason of the voice of my groaning, my bones stick to my skin. ⁶ I am like a pelican of the wilderness. I have become as an owl of the waste places. ⁷ I watch, and have become like a sparrow that is alone on the housetop. ⁸ My enemies reproach me all day. Those who are mad at me use my name as a curse. ⁹ For I have eaten ashes like bread, and mixed my drink with tears, ¹⁰ because of your indignation and your wrath; for you have taken me up and thrown me away. ¹¹ My days are like a long shadow. I have withered like grass. ¹² But you, LORD, will remain forever; your renown endures to all generations. ¹³ You will arise and have mercy on Zion, for it is time to have pity on her. Yes, the set time has come. ¹⁴ For your servants take pleasure in her stones, and have pity on her dust. ¹⁵ So the nations will fear the LORD's name, all the kings of the earth your glory. ¹⁶ For the LORD has built up Zion. He has appeared in his glory. ¹⁷ He has responded to the prayer of the destitute, and has not despised their prayer. ¹⁸ This will be written for the generation to come. A people which will be created will praise the LORD, ¹⁹ for he has looked down from the height of his sanctuary. From heaven, the LORD saw the earth, ²⁰ to hear the groans of the prisoner, to free those who are condemned to death, ²¹ that men may declare the LORD's name in Zion, and his praise in Jerusalem, ²² when the peoples are gathered together, the kingdoms, to serve the LORD. ²³ He weakened my strength along the course. He shortened my days. ²⁴ I said, "My God, don't take me away in the middle of my days. Your years are throughout all generations. ²⁵ Of old, you laid the foundation of the earth. The heavens are the work of your hands. ²⁶ They will perish, but you will endure. Yes, all of them will wear out like a garment. You will change them like a cloak, and they will be changed. ²⁷ But you are the same. Your years will have no end. ²⁸ The children of your servants will continue. Their offspring will be established before you."

Psalm 103

¹ By David. Praise the LORD, my soul! All that is within me, praise his holy name! ² Praise the LORD, my soul, and don't forget all his benefits, ³ who forgives all your sins, who heals all your diseases, ⁴ who redeems your life from destruction, who crowns you with loving kindness and tender mercies, ⁵ who satisfies your desire with good things, so that your youth is renewed like the eagle's. ⁶ The LORD executes righteous acts, and justice for all who are oppressed. ⁷ He made known his ways to Moses, his deeds to the children of Israel. ⁸ The LORD is merciful and gracious, slow to anger, and abundant in loving kindness. ⁹ He will not always accuse; neither will he stay angry forever. ¹⁰ He has not dealt with us according to our sins, nor repaid us for our iniquities. ¹¹ For as the heavens are high above the earth, so great is his loving kindness toward those who fear him. ¹² As far as the east is from the west, so far has he removed our transgressions from us. ¹³ Like a father has compassion on his children, so the LORD has compassion on those who fear him. ¹⁴ For he knows how we are made. He remembers that we are dust. ¹⁵ As for man, his days are like grass. As a flower of the field, so he flourishes. ¹⁶ For the wind passes over it, and it is gone. Its place remembers it no more. ¹⁷ But the LORD's loving kindness is from everlasting to everlasting with those who fear him, his righteousness to children's children, ¹⁸ to those who keep his covenant, to those who remember to obey his precepts. ¹⁹ The

LORD has established his throne in the heavens. His kingdom rules over all. ²⁰ Praise the LORD, you angels of his, who are mighty in strength, who fulfill his word, obeying the voice of his word. ²¹ Praise the LORD, all you armies of his, you servants of his, who do his pleasure. ²² Praise the LORD, all you works of his, in all places of his dominion. Praise the LORD, my soul!